

## Volume 12 LAKESIDE

NEWSLETTER

#### Just a friendly reminder about garbage with the upcoming holidays

- \* Pickup days are Tuesdays & Fridays. Trash will not be picked up on July 4th, Thanksgiving Day, Christmas Day and New Year's Day.
- \* Garbage & Recycling must be at the curb no later than 7:00 A.M. Recycling is picked up on Friday by a separate truck.
- \* Limits of 6 additional trash bags at curb for pick up each trash day.
- \* Each resident will provide and use containers for trash that securely close in such a manner to prevent the scattering of the contents thereof and to render said containers inaccessible to insects, rodents and other animals. Cans and bags must

weight no more than 50 lbs. and be no larger than 30 gallons in size. Items must be placed within six feet of the curb.

\* Recycling Containers are available at Town Hall.



Upcoming Events
Thursday, October 8, 2020

City Council Meeting 6:30 PM

Monday, October 12, 2020

Town Hall Closed for Columbus Day

Wednesday, October 21, 2020

Bulk Pickup begins at 7 AM

Saturday, October 31, 2020

Halloween

For Emergencies Call 9-1-1 or 817-237-1224

TOWN HALL HOURS Monday — Friday 7:30 am to 4:30 pm

Bulk Trash Items must be out by 7AM on 10/21 collection will conclude on 10/24

**MAYOR - Patrick Jacob** 

**COUNCIL MEMBERS** 

PLACE 1 - Don Pitts

PLACE 2 - Kathy Livingston

PLACE 3 - Wesley Hearn

PLACE 4 - Amy Robinson

PLACE 5 - Rona Gouyton

*Ideas for Halloween Stay at Home Fun* Try some of these ideas for fun Halloween activities.

**Go "ghosting"** This game will spark some "spooks" throughout the neighborhood! Create a few goodie baskets with yummy Halloween treats, leave them on neighbors' front doors with a note to do the same for someone else. It's a festive way to spread some holiday cheer. **Play a Halloween Game** This year, you have all day to celebrate Halloween—which means you might want to plan some structured activities. Give cornhole a Halloween update by painting a web onto the board and turning the bean bags into spiders with pipe cleaners and eyes, or a game of Halloween themed trivia or charades is sure to be a hit.

Make a Fall Craft The perfect Halloween craft is one that's just as festive on October 31st as it is on Thanksgiving. Some ideas are paint splattered pumpkins. Simply paint pumpkins a solid color and then splatter a different color over it using a toothbrush. Make decorative paper lanterns and add a battery —operated votive candle. Create a candy wreath by covering a wreath form with treats using a glue gun then finish it off with a colorful ribbon. Try decoupage on your pumpkins this year. Print out some cool vintage candy wrappers, cut the paper into strips and use Mod Podge to decorate your pumpkins. Opt for faux pumpkins so you can bring them out year after year.

**Paint your kids' faces** You don't have to be an artist to have fun with face paint. Ask your kids which design they'd like, they can even take turns painting each others' faces if they'd like.

**Set a Spooky Table** Spiff up your family dinner table with these easy to make ghost leaves. Gather leaves, paint them white, and add two dots for eyes once fully dry. You can also string them together for a Halloween garland.

**Go on a family bike ride or walk** Spend Halloween morning biking through a park or nearby neighborhood. Point out the prettiest fall foliage or the most fabulously decorated houses. It's a great way to get some exercise and enjoy the fall weather.

Mix a spooky cocktail No Halloween is complete without a custom witch's brew cocktail or mocktail. Freezing plastic spiders into your ice cubes will delight both kids and adults.

**Make Wonderfully Wicked Halloween Decoration** Transform your kids handprints into boo-tiful paper ghosts, which can instantly give a burlap banner or plain pumpkin a festive feel.

**Turn your home into a Haunted House** Turn Halloween decorating into a family affair! Hang a wreath, string up lights and assemble a display of pumpkins for an arresting, haunted entrance.

**Plan a Halloween Movie Marathon** Spend a day, weekend, or even the whole month of October watching the spookiest, silliest or scariest Halloween movies.

Play Toilet Paper Mummies Pass out a few rolls of toilet paper to the kids and watch them get a kick out of wrapping each other up.



#### **Breast Cancer Awareness Month**

October is Breast Cancer Awareness month. Breast cancer is the most common kind of cancer in women after skin cancer. About 1 in 8 women born today in the United States will get breast cancer at some point.

The good news is that most women can survive breast cancer if it's found and treated early.

If you are a woman age 40 to 49 talk with your doctor about when to start getting mammograms and how often to get them.

If you are a woman age 50 to 74 be sure to get a mammogram every 2 years.

You may choose to get them more often.

Talk to your doctor about your risk for breast cancer, especially if a close family member of yours had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

Many cancers are preventable by reducing risk factors such as the use of tobacco products, physical inactivity and poor nutrition, obesity and ultraviolet light exposure.

Other cancers can be prevented by getting vaccinated against human papillomavirus (HPV) and hepatitis B virus. Screening is effective in identifying some types of cancers in early, often highly treatable stages.

In the coming decade, as the number of cancer survivors is expected to increase by more than 30% to 18 million, understanding survivors health status and behaviors will become increasingly important.

#### TOWN HALL FOOD DRIVE & TOYS FOR TOTS DONATIONS

The Town of Lakeside will be starting the annual food drive for the Tarrant Area Food Bank and collecting new toys for Toys for Tots. One of the most important parts of the holiday season is giving to those in need. Here in Tarrant County, there are thousands of underprivileged families, children, veterans and homeless that need your help to make it through another year. It's only through the compassion and goodwill of local citizens that keep these organizations going strong and helps put smiles on the faces of the less-fortunate.

If you want to spread some holiday joy to those in need you can bring your donations to Lakeside Town Hall.

Lakeside will be collecting non-perishable food items, canned food and new toy items during Town Hall business hours, Mon.-Fri., 7:30 am—4:30 pm. Collection will begin Thursday, October 1st and end on Monday, December 7th.

Last year we had very generous donations to both associations! Let's see if we can collect even more this year!

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### BREAST CANCER AWARENESS MONTH

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SUN	MON	TUE	WED	THU	FRI	SAT
				OCT INTERNATIONAL COFFEE DAY	2	3
WORLD ANIMAL DAY	5	WORLD CEREBRAL PALSY DAY	7	8 City Council Meeting 6:30 PM	9	WORLD MENTAL HEALTH DAY
11	COLUMBAS	13	14	15	16	17
18	19	20	21  Bulk Pickup  Items must be out by 7 AM	22	23	24
25	26	27	RESPONDERS DAY	29	30	THE WEST