

Volume 12 LAKESIDE

Issue 6

NEWSLETTER

Town Hall lobby is now back open on regular office hours. We are continuing to use the night drop at the old Town Hall building until

further notice. The night drop is checked daily by 7 AM. Please continue to use the night drop



for your water payments, alarm renewals and pet license renewals. We will mail the completed renewals to your address on file.

<u>Friendly Reminder:</u> If you have any changes to your information such as new phone number, new alarm company, etc. please be sure to let us know in order to keep our records current.

SMART IRRIGATION TIPS

Watering our lawns accounts for about half of all the water we use at home. Experts tell us most lawns get twice as much water as they really need.

- * Water twice a week or less. If you water more than 2 days a week you're watering too much.
- * Don't water between 10 AM and 6 PM. Up to 30% of the water we spray on lawns during the heat of the day is lost to evaporation.
- * Cycle and soak to avoid runoff. Irrigate in shorter bursts to give water time to soak in, and allow 30 minutes or more between cycles.
- * Tune up your irrigation systems. Fix leaks or damaged sprinkler heads and make sure they are pointed at the landscape.

TOWN HALL HOURS Monday — Friday 7:30 am to 4:30 pm

Bulk Trash Items must be out by 7AM on 6/17 collection will conclude on 6/20

MAYOR - Patrick Jacob

COUNCIL MEMBERS

PLACE 1 - Don Pitts

PLACE 2 - Kathy Livingston

PLACE 3 - Wesley Hearn

PLACE 4 - Amy Robinson

PLACE 5 - Rona Gouyton



Meals On Wheels of Tarrant County started in 1973 as a group of concerned citizens representing 11 faith-based congregations in downtown Fort Worth. They saw a problem and decided to do something about it. All these years later, they are still making a life changing impact on the lives of our most vulnerable citizens. Tens of thousands of people have been able to remain living independently due to the services provided by Meals On Wheels.

COVID-19 Supplemental Nutrition Program The new COVID –19 SNP program is a collaborative effort that focuses on food-insecure seniors residing in Tarrant County. This program is intended to serve seniors who do not have access to food during the COVID-19 crisis. This may mean that the person is following recommendations to stay home during this crisis and is just not able to get to the grocery store. It might mean that the person normally has a family member who provides assistance and that the care provider is either staying at home or is temporarily unemployed, keeping them for providing the needed assistance. If you would like to refer yourself or someone else to receive food through the COVID-19 SNP program, please complete the online referral form at *mealsonwheels.org* or call *817-336-0912*.

Most people are aware of the nutritious meals served, but there are a number of other services provided that address the problems faced most often by the elderly population. These are a few of the most popular programs:

Friend to Friend Program is designed to help combat the loneliness and isolation of our homebound clients. Volunteers are encouraged to build friendships with lonely clients by making weekly in-home visits. Plus, the weekly visit gives us one more set of eyes to check on the wellbeing of our clients. These additional safety checks give everyone involved an added peace of mind.

HomeMeds Program— The program was established to prevent falls and hospitalization due to medication errors and adverse drug effects among older adults. The risk for severe reactions and interactions, medication errors, and medication duplications are found at an alarming rate among the senior population. All prescriptions, vitamins and herbal supplements are reviewed to identify any medication errors or adverse drug effects. These findings are then discussed with the client.

Safety Checks— Our volunteers deliver more than just a meal and a friendly smile, they provide a daily safety check that gives our clients and their families an added peace of mind.

Home Repairs— Through the Client Assistance Program, we are able to address health and safety issues in a client's home when they have no other resources available to them. Assistance includes things like repairing leaking roofs, replacing broken windows, installing grab bars and wheelchair ramps, providing walkers, wheelchairs, personal hygiene products, and so much more.

Companion Pet Meals— Many low-income clients have difficulty adequately providing proper nutrition for their beloved pets. Clients who have difficulty adequately feeding their cat or dog may receive supplemental pet food for up to 2 pets at no charge.

Along with the life-saving meals, these programs dramatically improve the quality of life for the homebound, elderly and disabled residents of Tarrant County. For more information go to <u>mealsonwheels.org</u>.

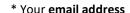
Eye On Water: You have online access to your hourly water usage information via "Eye On Water"! This system allows water meters to be read remotely using cellular-based technology that will interface directly with the City's utility billing system; increasing efficiency, improving leak detection and allowing the City to provide better service to our customers.

The majority of meters have been equipped with cellular endpoints, allowing you, our utility customer, to monitor your water usage online via "Eye On Water" - a secure website and Smartphone app that allows you direct and secure access to your water usage data. With these tools, you are now able to view your hourly usage activity and gain greater understanding and control of the amount of water you use. You are also able to establish alerts—including identifying potential leaks.

To create your personalized EyeOnWater online account visit <u>www.eyeonwater.com/signup</u>. Or download the free mobile app, "EyeOnWater" available through the App Store or Google Play Store.

You will need the following information to register for an online account:

* Your zip code * Your utility account number * Your email address



















June 202

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11 Council Meeting 6:30 PM BOA Meeting 7:30 PM	12	13
FLAG DAY	15	16	17 Bulk Pickup Items must be out by 7 AM	18	19	SUMMER SOLSTICE
HAPPY FOTHER'S DAY	22	23	24	25	26	27
28	29	30				