



NEWSLETTER

TOWN HALL FOOD DRIVE & TOYS FOR TOTS DONATIONS



Friendly Reminder: The Town of Lakeside is participating in the annual food drive for the Tarrant Area Food Bank and collecting new toys for Toys For Tots.

You still have time to spread holiday joy to those in need here in Tarrant County. You can bring your donations to Lakeside Town Hall. Lakeside will be accepting donations of non-perishable food items, canned food and new toy items during Town Hall business hours, Monday—Friday, 7:30 am—4:30 pm. Collection will end on Friday, December 6th.

Last year we had very generous donations to Tarrant Area Food Bank and Toys For Tots. Let's see if we can collect even more this year.



TOWN HALL HOURS
Monday — Friday
7:30 am to 4:30 pm

Bulk Trash Items must be out by 7AM on 12/18 collection will conclude on 12/21

MAYOR - Patrick Jacob

COUNCIL MEMBERS

PLACE 1 – Don Pitts

PLACE 2 – Kathy Livingston

PLACE 3 – Wesley Hearn

PLACE 4 – Amy Robinson

PLACE 5 – Rona Gouyton

Silver Creek Road Improvements Update: The Silver Creek Road project is scheduled to begin January 2020. The project includes rehabilitating the pavement from Brewer Drive to the Silver Creek bridge, widening the shoulders and improving the existing sharp curves. Also the existing drainage culverts will be upgraded. The project will take approximately one year to complete. During the construction one lane will be kept open with flagmen directing traffic.



CHRISTMAS TREES: Town Hall will not have a roll off container for trees this year. You can put your tree at the curb for regular trash pickup. The trees will not be recycled and do not have to be clean.

Holiday Ideas: The City of Lake Worth has a tree lighting ceremony at the Multi-Purpose Center Friday, December 6th from 5—7 PM. You can visit with Santa, have some cookies, hot chocolate and enjoy a performance by LWHS Chorale.

Mary Lou Reddick Public Library has some fun holiday programs. There is Storytime with Mrs. Claus December 17th from 4-5 PM and Family Ornament Making December 19th from 4-6 PM.

L.O. Bud Irby Lake Worth Senior Center will be having a White Elephant Gift Exchange starting at 12:30 PM on December 13th. Bring a gift (\$15 or less) to participate in the exchange immediately following the potluck luncheon. The Senior Center will also have a Family Ornament Making Class December 19th from 4-6 PM. All ages are welcome and supplies are provided.

Azle Memorial Library also has some fun holiday programs. Santa will be at the Library Tuesday, December 10th at 6 PM. Bring your own camera to this Free Event to take photos with Santa and Olaf, do holiday crafts and more. Adults only are invited Thursday, December 12th at 6 PM to Upcycle Holiday Greeting Cards. At this free event the library will provide all the supplies needed to upcycle used greeting cards into new ones. Refreshments will be provided. Come to the Azle Library Friday, December 20th from 2-5:45 PM or Saturday, December 21st from 10 AM-12:30 PM for "Gift Wrap Central" to wrap your gifts for free (5 gifts max per person). You bring the gifts and do the wrapping, and the Library will provide the wrapping paper, tape, scissors and other supplies. Free!





The new year is here again. During this time, some of us will decide it is a good time to make changes. It gives us a chance to start anew. There are many things we can choose to work on that will improve our well-being and give us something to work towards. There are some nutrition goals we can strive for this coming year that will help us make it a healthier year for ourselves and our families. Below are a few tips that can help us be successful in this endeavor.

- * Increase your intake of fruits and vegetables: Usually the recommendation is five to nine servings a day.
- * Switch your bread from white to whole grain. Look for breads containing three grams of fiber or more per slice.
- * Reorganize your kitchen. Giving your kitchen a new look may inspire you to want to prepare new dishes.
- * Include breakfast in your daily routine. Consider eating healthy foods like high-fiber cereal, fat-free or low fat yogurt and fruit.
- * Switch from drinking regular soda to water. You can flavor your water with slices of fresh fruit or use no calorie water flavorings.
- * Incorporate exercise in your weekly routine, a simple 10 minute walk is refreshing.
- * Set your goals and decide what you want to work on.
- * Get your family involved. Accomplishing goals is easier if you have support or work towards your goal with other people.
- * Reward yourself. Give yourself/your family a reward when you accomplish your goal.

December 2019

SUN	MON	TUE	WED	THU	FRI	SAT	
1	2	3	4	5 <i>Special Council Meeting</i> 6:30 PM	6	 NATIONAL PEARL HARBOR Remembrance Day ★★★★★ DECEMBER 7	
8	9	10 <i>Municipal Court</i> 5 PM	11	12 <i>City Council Meeting</i> 6:30 PM	13	14	
15	16	17	18 <i>Bulk Pickup</i> Items must be out by 7 AM	19	20	21	
 First Day of Winter	22	23	24 <i>Town Hall Closed</i>	25 <i>Town Hall Closed</i> <i>Merry Christmas!</i>	26	27	28
29	30	31 NEW YEAR'S EVE	1 <i>Town Hall Closed</i>	2	3	4	