



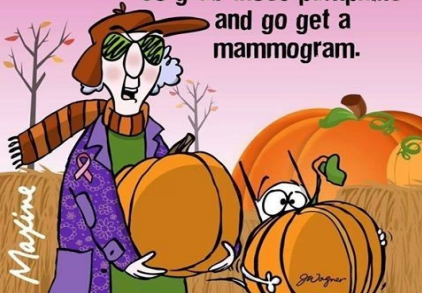
Volume 10

# LAKE SIDE

Issue 10

# NEWSLETTER

**October is National Breast Cancer Awareness Month. So grab those pumpkins and go get a mammogram.**



**Ingredients**

- 8 straws or lollipop sticks
- 11 oz. chocolate, melted
- 8 Nutter Butters, opened

**Mummy Pops**

- 1 cup buttercream frosting (homemade or store bought)
- M&M Mini's for decorating



Line a baking sheet with parchment paper. Lightly dip straws or lollipop sticks into chocolate before topping on open Nutter Butter. Press cookie back together, then dip into melted chocolate until completely coated. Allow excess chocolate to drip back into pan. Place dipped cookie onto prepared baking sheet to set, about 25 minutes (to speed up the process, transfer the pops to the refrigerator for 10 minutes). Fill a pastry bag fitted with a straight flat tip with buttercream and pipe from side to side. Fill another bag with chocolate, lightly cover backside of M&M's and press into cookie pop. Dot each M&M with chocolate to finish eyes.

**TOWN HALL HOURS**  
Monday — Friday  
7:30 am to 4:30 pm

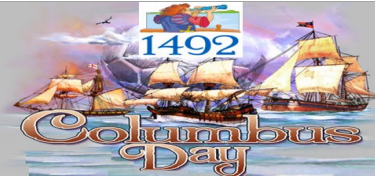
**Bulk Trash Items must be out by 7AM on 10/17 collection will conclude on 10/20**

**MAYOR - Patrick Jacob**

**COUNCIL MEMBERS**

- PLACE 1 – Don Pitts
- PLACE 2 – Kathy Livingston
- PLACE 3 – Wesley Hearn
- PLACE 4 – Amy Robinson
- PLACE 5 – Bill Mohr

**Town Hall will be Closed**  
**October 8, 2018**  
**For Columbus Day**



**For Emergencies**  
**Call 9-1-1 or**  
**817-738-3675**

**Halloween Safety Tips**

- Hold a flashlight while Trick-or-Treating to help you see and help others see you too. Walk don't run from house to house.
- Avoid Trick-or-Treating alone. Walk in groups or with a trusted adult. Never accept rides from strangers.
- Look both ways before crossing the street to check for cars, trucks and low flying brooms.
- Lower your risk. Costumes and shoes should fit properly to avoid trips and falls.
- Oww! Swords, knives and similar costume accessories should be short, soft and flexible.
- Walk, slither and sneak on sidewalks, not the street. Don't run, hide or cross the street between parked cars.
- Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.
- Enter homes only if you're with a trusted adult. Only visit well-lit houses.
- Never walk near lit candles or luminaries. Be sure to wear flame resistant costumes.



This October Lakeside Town Hall is proud to participate in National Breast Cancer Awareness Month. Breast cancer is the most common kind of cancer in women after skin cancer. About 1 in 8 women born today in the United States will get breast cancer at some point.

The good news is that most women can survive breast cancer if it's found and treated early.

If you are a woman age 40 to 49 talk with your doctor about when to start getting mammograms and how often to get them.

If you are a woman age 50 to 74, be sure to get a mammogram every 2 years. You may also choose to get them more often.

Talk to doctor about your risk for breast cancer, especially if a close family member of yours had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

Many cancers are preventable by reducing risk factors such as the use of tobacco products, physical inactivity and poor nutrition, obesity and ultraviolet light exposure.

Other cancers can be prevented by getting vaccinated against human papillomavirus (HPV) and hepatitis B virus. Screening is effective in identifying some types of cancers in early, often highly treatable stages.

In the coming decade, as the number of cancer survivors is expected to increase by more than 30% to 18 million, understanding survivors health status and behaviors will become increasingly important.

- \* The town's water conservation plan ends October 1st. Please continue to water responsibly.
- \* Your EOW (Eye On Water) account number is now found at the bottom of your monthly water bill. Do not enter any dashes when you enter this number when signing up for this service. This allows you to monitor your water usage. You are also able to establish alerts — including identifying potential leaks. Just go to our website to sign up.
- \* Questions about how to figure your water bill? Go to our website and click on “Departments” and then “Water Customer Service”. It will give you the Water Rate Schedule and three different examples how to figure your water bill.

# October 2018

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8 <i>Columbus Day</i>	9 Municipal Court 3:30 & 5 pm	10	11 Council Meeting 6:30 pm	12	13
14	15	16	17 Bulk Pickup Must be out by 7 am	18 Garden Club Meeting 6:30 pm	19	20
21	22	23	24	25	26	27
28	29	30	31 <i>Happy Halloween</i>			